

Quick Glance Biography

PERSONAL PROFILE :-

Dr. Milind Gajanan Ruke

Date of Birth : 14-5-1964

Address :

201, Sunflower, Neelkanth Garden, opp. Jain Mandir, S.P.Jain Road, Govandi (East), Mumbai – 400 088.

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Fax No. :022-25211951

Ashirwad Hospital & Polyclinic

**101,102,103, 113, Anurag Business Centre,
W.T.Patil Marg, Near Amar Cinema,
Chembur, Mumbai- 400 071.**

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QUALIFICATION :

M.B.B.S., M.S. (Gen.Surgeon), DHA (TISS),
FASI, FICS, PGCDFM

Post

General Surgeon, Laparoscopy,
Diabetic Foot Specialist,
Colorectal Surgeon (Cancer Surgeon)

Adjunct External Faculty Associate Professor
at NYCPM (New York College of Podiatry
Medicine)

International Co-Ordinator for Indo-US
Exchange programme

National Co-ordinator for wound care project

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Medical Education:-

- 1988 MBBS, LTMMC(Sion)Hospital Mumbai
- 1992 M.S.(Gen Surgery) ,J.J.Hospital, GGMC, Mumbai
- 2004 FAIS, Association of Surgeons Of India
- 2004 DHA (TISS),Mumbai
- 2005 FICS,Fellowship International college of Surgeons
- 2008 PGCDFM AIMS,COCHIN
- 2009 Wound care &Limb Salvage ,NYCPM
- 2012 FIAGES Indian ASSO of Gastro. Endo-Surgeon
- 2013 Certified Wound Specialist, American Board of Wound Management.
- 2013 Hyperbaric Oxygen therapy's .Francis Hosp.& Med Center,Hartford ,CT
- 2016 Travelling Fellowship in Orthopaedic Foot & Ankle Surgery University of Texas Medical Branch of Galveston.

Life Membership:-

Indian Medical Association

Association of Medical Consultants

Maharashtra Medical Council, Mumbai

Diabetic foot Society of India

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TRAINING :

* American Board Of Wound Management –
Certified Wound Specialist (2013)

* St. Francis Hospital & Medical Centre
Hartford – introduction to Hyperbaric
Medicine (2013)

* The American Association Of Continuing
Medical Education – Wound Management
Symposium (2015)

* The University of Texas medical Branch at
Galveston – Fellowship in foot & Ankle &
Diabetic Foot surgery (2016)

* Laparoscopy – KEM Hospital

* Cadaver Workshop on Foot & Ankle
Surgery University of Texas, Medical
branch Galveston

* Travelling Fellowship in Orthopaedics Foot
and Ankle Surgery Texas..

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TRAINING :

* University College California Los Angeles –
Training in General Surgery and Proctology
2007

* Cochin- Amrita Institute of Medical Sciences
2008- Diabetic Foot Management.

* New York College of Podiatric Medicine –
international Course in Wound Care & Limb
Salvage (2009)

* New York college of Podiatric Medicine –
International Course in Limb Salvage (2010)
Sports Medicine- Connecticut

* Stryker workshop in Podiatry- St Vincent
Hospital, Connecticut

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EXPERIENCE :

1989

House officer Surgery G.T.Hospital,Mumbai

1990-1993

Chief Resident Surgery J.J.Hospital, Mumbai

1993

AMO (casualty) Medical Officer Centenary
Hospital
(LTMGH) 8 month

1994 – 2000

Teaching Graduate & PG students (LTMGH) 8
month (Sion Hospital) 8years

2001-2004

Asst.Hon.Surgeon Teaching Centenary
Hospital Graduate & PG students (Sion
Hospital)

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EXPERIENCE :

Apr 2011 – Jul 2011

Associate Professor Terana Medical College,
Nerul

2003 -2004

Diploma in Hospital Administration TISS

2007

Post Graduate Diploma AIMS COCHIN
Diabetic Foot Management (Cochin)

2008

International Course in New York College
Limb Salvage of Podiatry Medicine Since 22
years Practicing Surgeon.

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OTHER EXPERIENCE :

1992-1993 : Trauma Surgery - Work Appreciated by RIOTS Governor of Maharashtra

5 years : Gastroscope - (Individual)

5 years : Laparoscopy (KEM HOSP) Team Work

5 years : Cosmetology Team work

DHA(TISS) - Hospital Management

TATA Institute of Social Sc AIIMS (Cochin)

Podiatry and Diabetic Foot Diploma Courses

2010 : Adjunct External Faculty NYCPM

2010 : International Co-Coordinator for Indo-US Exchange programme

2012 :National Co-coordinator for wound care project

2013 :International course - Hyperbaric St. Francis Hospital & Medical Oxygen Therapy Centre, Connecticut

Brief Biography

Dr Milind G Ruke is India's eminent and renowned Diabetic Foot Surgeon and currently attached as Associate Professor and Head of Department of Diabetic Foot OPD at India's prestigious GGMC, Sir J.J.Hospital, Mumbai.

Dr Milind G Ruke passed his M.B.B.S from the landmark LTMMC SION hospital in the year 1988. In the year 1992, he cleared his M.S Gen Surgery from Grant medical college J J group of Hospitals and has a vast experience of more than 25 years in his field.

Dr Ruke also runs his own private hospital at Chembur, ASHIRWAD HOSPITAL. After gaining training from Amrita Institute and New York College of Podiatry Medicine in the diabetic foot, now he is amongst the world's renowned, Diabetic Foot Specialist.

He is also consultant Diabetic Foot Specialist at Godrej Hospital, Vikhroli and Fortis (Hiranandani Hospital) Vashi.

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Dr Ruke is a practising and visiting Gen Surgeon and Diabetic foot specialist in various hospitals in Chembur such as Savala Polyclinic, SaiMedicure, Zen Hospital, Apollo Munich Clinic

Dr Milind Ruke is a founder member of NGO –HARI NAMO FOUNDATION. It's an organization with a motto to spread awareness about the neglected field of Diabetic foot problems. In today 's scenario where India has the maximum number of young Diabetic patients, he felt it essential to spread awareness about the foot care to be taken in Diabetes or else the patients have to go for amputation in most of the cases.

His NGO conducts free medical camps. The camp activities consist of free test such as RBS, Calcium deficiency test, biosthesiometry, Podoscan, ABI index,. These tests give patients the important information on how to take care of his or her feet, and the condition of his or her feet if they have a small injury or a deformity etc.

Brief Biography

The awareness programme also consists of Powerpoint presentations in lay man's language. Through this NGO he is taking lectures and video presentations for both Doctors and medical students also. The NGO has covered different parts of Maharashtra and India.

Professional Career :

Dr Ruke has been extensively trained in diabetic foot management from Amrita Institute, Cochin and further obtained his podiatry training from New York College of Podiatry (wound care & Limb salvage).

Dr Ruke is a Certified wound specialist from American Board of Wound Management. He is a national as well as international faculty and trainer in Diabetic foot management.

He has been teaching the UG and PG students in the General Surgery Department of GGMC Sir J J group of hospitals.

Brief Biography

Dr Ruke is heading the Hyperbaric Oxygen Division of J.J. Hospital Mumbai.

He has been instrumental in getting the Diabetic foot Surgery Fellowship (MUHS) for J.J. group of Hospital with the help of Dr Tayade and Dr Ajay Bhandarvar in the year 2017-18.

He has presented his paper internationally in New England Journal Of Medicine and The Journal of Diabetic Foot Complications 2017-18.

He was the backbone of the Scientific Session and workshop conducted by G. T. Hospital during the FOOTCON 2017 under the guidance of Dr M.B. Tayde in 2017-18

He has delivered a Lecture in MASICON arranged by Diabetic Foot Society of India (DFSI) and Research Society for Study of Diabetes in India (RSSDI)

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As a pioneer in the field of Diabetic Foot surgery, Dr Ruke is on the Global Editorial Board of the prestigious D-Foot International.

Dr Ruke was also invited to present his views on Diabetes and its effect on foot in Marathi T.V programme “ Hello Doctor “by Sahyadri Doordarshan channel.

His articles on this subject have published in many Marathi and English newspapers.

As a Doyen in the Field of Diabetic Foot and research, Dr Milind Ruke, an honourable teacher and excellent orator and leader, has been invited as faculty in various state, national as well as international conferences.

Paper & Poster Presentations

2006 – Kolhapur ASICON TRISURGE – Paper presented on Diabetic Neuropathy.

2008 – MASICON Kolhapur paper on Comparison of Two dressing application in diabetic wounds.

2009 – At Cochin AIMS, 20 cases of compartment infection of leg.

2009– MASICON Solapur paper presented on dressing material in Diabetic Ulcer

2009 – DELHI- DIABETIC FOOT SOCIETY OF INDIA – Wound Management

2010 – New York College of Podiatric Medicine– Research Paper on compartment Infections – 20 cases

2010 – BANGALORE – DIABETIC FOOT SOCIETY OF INDIA– Indigenous Vacuum on diabetic foot management.

2014 – Navi Mumbai Orthotics & Prosthetics Asso. Of India– Advances in Diabetic wound management.

2010 – Bangalore – Medical & Surgical Interventions in Diabetic foot – 3rd Prize

2011 – AHMEDABAD – DIABETIC FOOT SOCIETY OF INDIA

2012 – MASICON Poona – Poster on Compartment infections in Diabetic foot

As a Faculty in Conferences

2005 Mumbai DFSI –Faculty

**2007 January Mumbai -6 th International
Symposium on Diabetes**

**2007- New York College of Podiatry Medicine
-Lecture – New Modalities in Diabetic Foot
Management**

September 2008 – IMA Chembur

**MASICON 2008 – Invited special lecture –
Newer Trends in Diabetic Foot Management.**

**2009 – Delhi Conference – Epidemiology of
Diabetic – Chairperson of panel discussion.**

**MASICON 2010 – Sholapur Surgical Society
as Faculty**

**S.L.Raheja Fortis – Trends & advances in
Treatment of Diabetic Foot disorders**

As a Faculty in Conferences

**New York College of Podiatry Medicine.-
Panel Discussion on New Trends in Diabetic
foot management**

**International Conference wound Symposia-
New York College of Podiatry Medicine**

**International Invited Guest Lecture: Diabetic
Foot Management Indian Perspective – New
York**

2010 – DFSI Bangalore- Faculty

**2010 – DFSI Bangalore –Conducting
Workshop on Limb salvage**

**2011 – DFSI Ahmedabad – Surgery in Diabetic
foot – A Dilemma.**

2012 – DFSICON Hyderabad – Faculty

**2012 – Joy Hospital Chembur Annual CME,
Diabetic Foot Management.**

As a Faculty in Conferences

**2012 – AEDFC Cochin –Diabetes &Diabetic Foot conf.
Faculty**

**2013 – Masicon Nasik –Faculty2013- MASICON-
Necrotizing Soft Tissue infection**

2013- DFSICON- Jaipur

2014- MASICON Thane –Faculty

**2014- AEDFC Cochin – Faculty Hyperbaric Oxygen
Therapy in Wound Healing.**

**2014 – ASI – 6 th Live Operative workshop as Faculty
Deonar, Mumbai.**

**2015 –MASICON Nagpur- Faculty -Dressing Material
& Wound management Devices**

2015- DFSICON Chandigarh – Faculty

2016- APICON Hyderabad – Speaker/ Chair person

2016- MASICON KOLHAOUR – Faculty

**2016 –CME on current prospective in Diabetic Foot
manag. Vadodara.**

2016 – Challenges in Diabetes 2016 Powai.